

# Summer 2017 Swim Lessons

Member Registration: Wednesday May 3rd

Resident Registration: Thursday May 4th (*Call In or Walk In Only*)

Regular Registration: Friday May 5th

On Line & Call In Registration beginning at 6:00am

763-295-2954 - [www.monticellocommunitycenter.com](http://www.monticellocommunitycenter.com)





## EARLY BIRD - 8 Lessons

TUESDAYS THRU FRIDAYS

May 23 - June 2 (no class May 29)

Preschool:	4:10-4:40 PM 5:10-5:40 PM 5:50-6:20 PM
Level 1:	4:10-4:40 PM 5:10-5:40 PM 6:10-6:40 PM
Level 2:	4:10-5:00 PM 4:50-5:40 PM 5:50-6:40 PM
Level 3:	4:10-5:00 PM 4:50-5:40 PM 5:50-6:40 PM
Level 4:	4:10-5:00 PM 5:50-6:40 PM
Level 5:	5:10-6:00 PM

## Swim Level Descriptions

**PARENT/CHILD:** Parent must attend with child at all times. Swimmer will learn to become more comfortable in & around water & will prepare to learn how to swim

**PRESCHOOL:** Ages 3 & 4 Swimmers will be introduced to water exploration, back floating, arm movements, flutter kicking & water safety.

**LEVEL 1:** Swimmer will be introduced to floating, submerging & alternating arms.

**LEVEL 2:** Swimmer will learn to float without support & to recover in a vertical position. Fundamental skills of propelling themselves will be taught along with flutter kicking.

**LEVEL 3:** Swimmers are taught to coordinate the front and back crawl strokes. They are introduced to elementary back stroke & treading water, additional safety skills are covered as well.

**LEVEL 4:** Swimmers will develop strength and endurance using the back crawl, front crawl, and elementary back crawl strokes. Breaststroke and side stroke will also be introduced.

**Level 5:** The objectives of this level are coordination and refinement of the front crawl, back crawl, butterfly, breaststroke, elementary backstroke and sidestroke. Distance and flip turns are also worked on.

## Private Swim Lessons

One-on-one attention may be just what a child needs to advance a level or to gain confidence in the water.

### MCC Member Rate

\$28.00 for one 30 minute lesson or \$102.00 for four 30 minute lessons.

### Regular Rate

\$31.00 for one 30 minute lesson or \$106 for four 30 minute lessons.

Costs reflect a one student rate and can be adjusted when adding additional students.

Please contact: Aquatic Director, Corinne @ 763-271-7122 for more information or to schedule a private lesson.

## PRICES

MCC Member  
\$40.00/Session

Regular  
\$45.00/Session

## Cancellation Policy:

Cancellation requests fourteen (14) days or more prior to class: **Full Refund**  
Cancellation requests within seven(7) days of class start: **50% Credit Voucher**  
Cancellation requests less than 1 week of start date: **No Refund**

Members registering online must create a login with their scan card number.

## Open Swim & Water Slide Hours

Effective June 12th

Sunday	10:00am to 3:30 pm
Monday	11:00am to 4:45pm & 7:30-8:30pm
Tuesday	11:00am to 8:30pm
Wednesday	11:00am to 8:30pm
Thursday	11:00am to 4:45pm & 7:30pm-8:30pm
Friday	10:00am to 8:30pm
Saturday	10:00am to 8:30pm

**Splish Splash Swim: \$4/swimmer**  
Fridays this summer: 6:00pm-8:30pm

All children ages 6 & under must be directly supervised by a paid swimming adult who is in the water within arms reach at all times. Children with *lifejackets* must also have an Adult in the water within arms reach at all times.

## Adult Lap Swim Hours

No life Guard on Duty

Effective June 12th

Must be at least 18 years old

Sunday	7:00am to 10:00 am
Monday	5:00am to 8:30am
Tuesday	5:00am to 8:30am
Wednesday	5:00am to 8:30am
Thursday	5:00am to 8:30am
Friday	5:00am to 10:00am



## SESSION 1(A) - 8 Lessons

MONDAYS & THURSDAYS

June 5 - June 29

Parent/Child:	7:00-7:30 PM
Preschool:	5:00-5:30 PM 6:00-6:30 PM 7:00-7:30 PM
Level 1:	5:40-6:10 PM 6:20-6:50 PM 7:00-7:30 PM
Level 2:	5:00-5:50 PM 5:40-6:30 PM 6:40-7:30 PM
Level 3:	5:00-5:50 PM 6:00-6:50 PM
Level 4:	6:00-6:50 PM 6:40-7:30 PM
Level 5:	5:00-5:50 PM

## SESSION 1(B) - 8 Lessons

MONDAYS THRU THURSDAYS

June 12 - 22

Parent/Child:	10:30-11:00 AM
Preschool:	8:30-9:00 AM 9:30-10:00 AM 10:30-11:00 AM
Level 1:	9:10-9:40 AM 9:50-10:20 AM 10:30-11:00 AM
Level 2:	8:30-9:20 AM 9:10-10:00 AM 10:10-11:00 AM
Level 3:	8:30-9:20 AM 9:30-10:20 AM
Level 4:	9:30-10:20 AM 10:10-11:00 AM
Level 5:	8:30-9:20 AM

## SESSION 1(C) - 8 Lessons

MONDAYS THRU THURSDAYS

June 26 - July 7 (No Class July 4)

Parent/Child:	10:30-11:00 AM
Preschool:	8:30-9:00 AM 9:30-10:00 AM 10:30-11:00 AM
Level 1:	9:10-9:40 AM 9:50-10:20 AM 10:30-11:00 AM
Level 2:	8:30-9:20 AM 9:10-10:00 AM 10:10-11:00 AM
Level 3:	8:30-9:20 AM 9:30-10:20 AM
Level 4:	8:30-9:20 AM 10:10-11:00 AM
Level 5:	9:30-10:20 AM

## SESSION 2(A) - 8 Lessons

MONDAYS THRU THURSDAYS

July 10 - July 20

Parent/Child:	10:30-11:00 AM 7:00-7:30 PM
Preschool:	8:30-9:00 AM 9:30-10:00 AM
Level 1:	10:30-11:00 AM
Level 2:	8:30-9:20 AM 9:10-10:00 AM 10:10-11:00 AM
Level 3:	8:30-9:20 AM 9:30-10:20 AM
Level 4:	9:30-10:20 AM 10:10-11:00 AM
Level 5:	8:30-9:20 AM

## SESSION 2(B) - 8 Lessons

MONDAYS & THURSDAYS

July 10 - August 3

Parent/Child:	7:00-7:30 PM
Preschool:	5:00-5:30 PM 6:00-6:30 PM 7:00-7:30 PM
Level 1:	5:40-6:10 PM 6:30-6:50 PM 7:00-7:30 PM
Level 2:	5:00-5:50 PM 5:40-6:30 PM 6:40-7:30 PM
Level 3:	5:00-5:50 PM 6:00-6:50 PM
Level 4:	5:00-5:50 PM 6:40-7:30 PM 6:40-7:30 PM
Level 5:	6:00-6:50 PM

## SESSION 2(C) - 8 Lessons

MONDAYS THRU THURSDAYS

July 24 - August 3

Parent/Child:	10:10-10:40 AM
Preschool:	8:30-9:00 AM 9:30-10:00 AM 10:10-10:40 AM
Level 1:	8:30-9:00 AM 9:30-10:00 AM 10:10-10:40 AM
Level 2:	8:30-9:20 AM 9:10-10:00 AM 10:10-11:00 AM
Level 3:	8:30-9:20 AM 10:10-11:00 AM
Level 4:	9:10-10:00 AM
Level 5:	9:10-10:00 AM

## SESSION 3(A) - 8 Lessons

MONDAYS THRU THURSDAYS

August 7 - August 17

Parent/Child:	10:10-10:40 AM
Preschool:	8:30-9:00 AM
Level 1:	9:30-10:00 AM
Level 2:	9:10-10:00 AM
Level 3:	10:10-11:00 AM
Level 4:	8:30-9:20 AM 6:00-6:50 PM

## SESSION 3(B) - 8 Lessons

MONDAYS & THURSDAYS

August 7 - August 31

Parent/Child:	5:40-6:10 PM
Preschool:	5:00-5:30 PM 6:00-6:30 PM
Level 1:	7:00-7:30 PM
Level 2:	6:40-7:30 PM
Level 3:	5:00-5:50 PM 6:20-7:10 PM
Level 5:	5:00-5:50 PM

## LIFEGUARD TRAINING

SHALLOW WATER/BLENDED LEARNING

June 12th - June 18th

Contact Aquatic Director Corinne Mitchell  
@ 763-271-7122 for additional information



## Fall 2017 Swim Lessons

Registration Dates:

Members: Wed. September 6th

Residents: Thur. September 7th (call in or walk in only)

Regular: Fri. September 8th

On Line and Calls beginning at 6:00am

Register online at:

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